

Podiatry services table of costs

Effective 1 July 2011

| Service | Descriptor | Insurer prior approval required ¹ | Item number | Fee – GST not included ² |
|--------------------------------|--|--|-------------|-------------------------------------|
| Initial consultation | First consultation with worker | No | 800028 | \$73.00 |
| Subsequent consultation | Standard treatment consultation | Yes (After the first subsequent consultation) | 800029 | \$65.00 |
| Insoles | Plain – single | Yes | 800039 | \$29.00 |
| | Plain – pair | Yes | 800040 | \$55.00 |
| | Padded insole – single | Yes | 800041 | \$62.00 |
| | Padded insole – pair | Yes | 800042 | \$119.00 |
| | Balance inlay – single custom | Yes | 800043 | \$153.00 |
| | Balance inlay – pair custom | Yes | 800044 | \$289.00 |
| | Balance inlay – thermo non-cast single | Yes | 800045 | \$105.00 |
| | Balance inlay – thermo non-cast pair | Yes | 800046 | \$167.00 |
| | Soft tissue supplements – pair | Yes | 800084 | \$57.00 |
| | Covers – plain | Yes | 800283 | \$30.00 |
| Orthoses – thermoplastic shell | Intrinsic fore/rear foot post – single | Yes | 800037 | \$178.00 |
| | Intrinsic fore/rear foot post – pair | Yes | 800038 | \$347.00 |
| | Extrinsic fore/rear foot post – single | Yes | 800048 | \$23.00 |
| | Extrinsic fore/rear foot post – pair | Yes | 800232 | \$45.00 |
| | Heel lift – single | Yes | 800047 | \$25.00 |
| Cast | Negative impression – single | Yes | 800049 | \$70.00 |
| | Negative impression – pair | Yes | 800050 | \$99.00 |
| Nail removal | Nail removal under local anaesthetic | Yes | 800284 | \$154.00 ^ per hour |
| Independent case review | Independent examination and report of a worker (not by the treating therapist) | Yes | 800226 | \$193.00 ^ per hour |

Please read the item number descriptions contained in this document for service conditions and exclusions. Item numbers for reports, communication and other services can be found in the *Supplementary services table of costs*.

¹ Where prior approval is indicated the practitioner must seek approval from the insurer before providing services.

² Rates do not include GST. Check with the Australian Taxation Office if GST should be included.

^ Hourly rates are to be charged pro-rata.

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Who can provide podiatry services to injured workers?

All podiatry services performed must be provided by a podiatrist who has a current registration with the Podiatry Board of Australia.

Service provision conditions

Services provided to injured workers are subject to the following conditions:

- **Referral** – all workers must have a current workers' compensation certificate signed by a medical practitioner or nurse practitioner to cover any podiatry services provided.
- **Assessment** – after the initial consultation and up to one (1) subsequent consultation a *Provider management plan* must be provided to the insurer to advise of assessment outcome.
- **Provider management plan** – this form is available on the Q-COMP website (www.qcomp.com.au) and is to be completed if treatment is required after any pre-approved sessions or any services where prior approval is required. An insurer may require the *Provider management plan* to be provided either verbally or in written format. (Check with each insurer as to their individual requirements). The insurer will not pay for the preparation or completion of a *Provider management plan*.
- **Approval for other services or sessions** – approval must be obtained for any service requiring prior approval from the insurer before commencing treatment.
- **Payment of treatment** – all fees payable are listed in the *Podiatry services table of costs*. For services not outlined in the table of costs, prior approval from the insurer is required.
- **Treatment period** – treatment will be deemed to have ended if there is no treatment for a period of two (2) calendar months. After this a *Provider management plan* needs to be submitted for further treatment to be provided. (The worker must also obtain another referral).
- **End of treatment** – all payment for treatment ends where there is either no further medical certification, the presenting condition has been resolved, the insurer finalises/ceases the claim, the worker is not complying with treatment or the worker has achieved maximum function.
- **Change of provider** – the insurer will pay for another initial consultation by a new provider if the worker has changed providers (not within the same practice). The new provider will be required to submit a *Provider management plan* for further treatment outlining the number of sessions the worker has received previously.

Treatment standards and expectations

When treating a worker with a compensable injury, the practitioner should, where appropriate:

- deliver outcome-focused and goal-orientated services, which are focused on achieving maximum function and safely returning the worker to work
- consider biopsychosocial factors that may influence the injured workers' return to work
- advise and liaise with the relevant treating practitioners and insurer
- keep detailed, appropriate, up-to-date treatment records and any relevant information obtained in the service delivery
- ensure that the worker has given their written authority prior to the exchange of information with third parties other than the referrer
- be accountable for the services provided, ensuring those services incurred for the compensable injury are reasonable
- maintain practice competencies relevant to the practitioner's profession and the delivery of services within the Queensland workers' compensation environment.

Note: long-term maintenance therapy is generally not supported unless sustained improvement in function can be demonstrated.

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Payment for services

The worker's compensation claim must have been accepted by the insurer for the injury or condition being treated. If the application for compensation is pending or has been rejected, the responsibility for payment for any services provided is a matter between the practitioner and the worker (or the employer, where services have been requested by a Rehabilitation and Return to Work Coordinator).

All invoices should be sent to the relevant insurer for payment—check whether the worker is employed by a self-insured employer or an employer insured by WorkCover Queensland.

Identify the appropriate item in the *Podiatry services table of costs* for services or treatment provided. The insurer will only consider payment for services or treatments for the compensable injury, not other pre-existing conditions. Insurers will **not** pay for general communication such as receiving and reviewing referrals.

All hourly rates are to be charged at pro-rata where applicable eg for a 15min consultation/service charge one quarter of the hourly rate. All invoices must include the time taken for the service as well as the fee.

Fees listed in the *Podiatry services table of costs* do not include GST. The practitioner is responsible for incorporating any applicable GST on taxable services/supplies into the invoice. Refer to a taxation advisor or the Australian Taxation Office for assistance if required.

Self-insurers require separate tax invoices for services to individual workers. WorkCover Queensland will accept billing for more than one worker on a single invoice.

Accounts for treatment must be sent to the insurer promptly, and within two (2) months after the treatment is completed. To ensure payment, the invoice must contain the following information:

- the words 'Tax Invoice' stated prominently
- practice details and Australian Business Number (ABN)
- invoice date
- worker's name, residential address and date of birth
- worker's claim number (if known)
- worker's employer name and place of business
- referring medical practitioner's or nurse practitioner's name
- date of each service
- item number/s and treatment cost
- a brief description of each service item supplied, including areas treated
- name of the practitioner who provided the service.

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Item number descriptions and conditions

Consultations

| Item number | Descriptor |
|-------------|---|
| 800028 | Initial consultation First consultation with worker |
| 800029 | Subsequent Consultation Standard treatment consultation Prior approval is required by the insurer after the first subsequent consultation |

For an accepted claim, the insurer will pay the cost of an initial consultation and report when it has been requested by the treating medical practitioner or an accredited workplace/employer. The insurer will not pay for an initial and subsequent consultation on the same day unless in exceptional circumstances, as approved by the insurer.

Consultations may include the following elements:

- **Subjective (history) reporting** – consideration of clinical, medical and surgical history, footwear, occupational and lifestyle factors.
- **Objective (physical) assessment** – assessment of the injury site and determination of a diagnosis by means of palpation and the prescription of appropriate diagnostic imaging (if required). Assessment of motion studies, gait analysis, postural alignment evaluation or other relevant techniques by carrying out appropriate procedures and tests.
- **Assessment results (prognosis formulation)** – provide a provisional prognosis for treatment, limitations to function and progress for return to work.
- **Reassessment (subjective and objective)** – evaluate the physical progress of the worker using outcome measures for relevant, reliable and sensitive assessment. Compare against the baseline measures and treatment goals. Identify factors compromising treatment outcomes. This includes physical palpation and the reviewing of diagnostic imaging to determine/confirm an accurate prognosis.
- **Treatment (intervention)** – formulate and discuss the treatment goals, progress and expected outcomes with the worker. Advise on footwear and home care including any exercise programs to be followed. Commence and trial any physical therapy including, but not limited to, padding, strapping, wedging, casts, insoles and orthoses or modifications in line with progress or otherwise identified.
- **Clinical records** – record information in the worker's clinical records, including the purpose and results of procedures and tests.
- **Communication (with the referrer)** – communicate any relevant information for the worker's rehabilitation to insurer. Acknowledge referral and liaise with the treating medical practitioner about treatment.

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Insoles

| Item number | Descriptor |
|-------------|---|
| | A flexible or pliable insole, made from cushioning materials such as rubber or other similar composite materials, the design of which is based upon measurements of the foot and/or the shoe. Prior approval is required by the insurer |
| 800039 | Plain (single) |
| 800040 | Plain (pair) |
| 800041 | Padded insole (single) |
| 800042 | Padded insole (pair) |
| 800043 | Balance inlay – (single) custom |
| 800044 | Balanced inlay – (pair) custom |
| 800045 | Balance inlay – thermo (non-cast) single |
| 800046 | Balanced inlay – thermo (non-cast) pair |
| 800084 | Soft tissue supplements (pair) |
| 800283 | Covers (plain) |

The objectives of this service are to:

- provide cushioning and padding underfoot to:
- absorb shock in gait
- redistribute load from a focal point of increased pressure
- relieve foot or lower limb pain and symptoms
- prevent or reduce the rate of cutaneous hypertrophy and/or soft tissue inflammation or other localised pathology
- ensure there is no new foot pain, symptoms or pathology created by the orthosis
- ensure the worker understands the reason for prescription of the orthosis
- ensure the worker agrees to adjunctive therapies including footwear changes and prescribed exercises
- where pressure relief is the objective, to modify the forces applied to a selected area of the foot by increasing the forces applied to an alternative area of the foot.

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Orthoses – thermoplastic shell

| Item number | Descriptor |
|---|--|
| A low-temperature-sensitive thermoplastic (heat sensitive material) is warmed until soft and then moulded directly to the foot. The orthosis may be modified with further additions for cushioning, pressure relief or support, based on the clinical assessment findings and individual patient needs. Prior approval is required by the insurer | |
| 800037 | Intrinsic fore/rear foot post (single) |
| 800038 | Intrinsic fore/rear foot post (pair) |
| 800048 | Extrinsic fore/rear foot post (single) |
| 800232 | Extrinsic fore/rear foot post (pair) |
| 800047 | Heel lift (single) |

The objectives of this service are to:

- relieve foot or lower limb pain and symptoms
- prevent or reduce the rate of cutaneous hypertrophy and/or soft tissue inflammation or other localised pathology
- ensure there is no new foot pain, symptoms or pathology created by the orthosis
- ensure the worker agrees to adjunctive therapies including footwear changes and prescribed exercises.

Casts

| Item number | Descriptor |
|---|------------------------------|
| A negative plaster impression of the foot is taken and a positive plaster reproduction is produced. The plaster impression individualises the therapy and ensures accurate fit to the foot. Prior approval is required by the insurer | |
| 800049 | Negative impression – single |
| 800050 | Negative impression – pair |

The objectives of this service are to:

- provide an accurate three (3) dimensional impression of the foot to manufacture a custom-made orthosis
- clearly mark or represent anatomical markers of the foot requiring pressure redistribution or accommodation
- ensure the worker understands the reason for prescription of the orthosis
- ensure the worker agrees to adjunctive therapies during footwear changes and prescribed exercises.

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Nail removal

| Item number | Descriptor |
|-------------|---|
| 800284 | Nail removal under local anaesthetic Partial or total nail resection performed under local anaesthetic. Prior approval is required by the insurer |

The objectives of this service are to:

- relieve foot or lower limb pain and symptoms
- prevent or reduce the rate of cutaneous hypertrophy and/or soft tissue inflammation or other localised pathology
- ensure there is no new foot pain, symptoms or pathology created by the orthosis
- ensure the worker agrees to adjunctive therapies including footwear changes and prescribed exercises.

Independent case review

| Item number | Descriptor |
|-------------|---|
| 800226 | Independent case review – includes assessment and report Where progress of treatment and/or rehabilitation falls outside the plan or expected course of injury management, the insurer may request an examination and report of a worker by an independent case reviewer (not the treating podiatrist) to provide the insurer with an assessment and recommendations for ongoing treatment and prognosis. Prior approval is required by the insurer |

An independent case review is only requested by the insurer. The payment for this service includes the assessment and report.

The purpose of an independent clinical assessment is to:

- assess and make recommendations about the appropriateness and necessity of current or proposed podiatry treatment
- propose a recommended course of podiatric management
- make recommendations for strategic planning to progress the case. Recommendations should relate to treatment goals and steps to achieve those goals, which will assist in a safe and durable return to work
- provide a professional opinion on the worker's prognosis where this is unclear from the current podiatry program
- provide an opinion and/or recommendation on the other criteria as determined by the insurer.

Assistance

Contact the relevant insurer for claim related information such as:

- payment of invoices and account inquiries
- claim numbers/status
- rehabilitation status
- approval of *Provider management plans*.

For a current list of insurers or general advice about the tables of costs visit www.qcomp.com.au or call 1300 789 881.