

Injured worker details

Plan details

Worker: John Smith	Phone number: 2345 5678	Goal – long term: Return to full -time construction duties as a carpenter
Supervisor: Mark Brown	Phone number: 2345 6788	Objective of this plan: To upgrade work hours performing administrative tasks
Treating medical practitioner: Dr Peter Jones	Phone number: 2334 5678	Duration of this plan from: 02/02/2009 to 13/02/2009
Job description: Assistant to Project Manager		Fit for suitable duties (restricted return to work?) From: 02/02/2009 to: 02/02/2009

Task details

Week	Duties	Restrictions
Week one commencing: 02/02/2009	Telephone and email ordering of construction materials Liaising with suppliers / construction supervisors, checking deliveries, completing necessary computer records relating to ordering	No lifting over 5kg No bending / twisting Sitting for 30 min periods alternating with standing/walking
Hours: 4 hours per day (9:30am-1:30pm) Days: Monday to Friday		
Week two commencing: 09/02/2009	As per week 1	As per week 1
Hours: 6 hours per day (9:30am-3:30pm) Days: Monday to Friday		
Treatment during this plan : physiotherapy, gym strengthening program		Training required: yes
		To be given by: Tony White, Project Manager on 02/02/2009
Plan to be reviewed: 06/02/2009		

Signatures

Name (treating medical practitioner): Dr Peter Jones	Name (worker): John Smith
Approval as per WC medical certificate dated 02/02/2009 – 13/02/2009	I have been consulted about the content of this plan and agree to participate
	Signature: <i>J. Smith</i> Date: 30/01/2009
Name (supervisor) T.J. White 30/01/2009	Name (rehabilitation and return to work coordinator) Maree Celeste
I agree to ensure this plan is implemented in the work area	I agree to monitor this plan
Signature: <i>T.J. White</i> Date: 30/01/2009	Signature: <i>M.R. Celeste</i> Date: 30/01/2009